Case Study: Myocardial Infarction
NFSC 470: Medical Nutrition Therapy

**Skill Area:** Medical Nutrition Therapy

**Assignment Title:** Case Study Presentation: Myocardial Infarction

**What I learned:**

In this assignment, I learned how to find clinical research articles, interpret lab values, calculate anthropometric data, form an ADIME and SOAP note, create an inservice presentation, and research pathophysiology of diseases.

**Reflection to assignment:**

This assignment made me realize all of the health implications and problems that can result from having a myocardial infarction. I also realized all of the hard work and research needed to provide a well-studied, professional medical nutrition therapy recommendation.

**Relevance to the profession:**

Working in the clinical setting, RD’s will need to know how to formulate proper MNT recommendations for patients. The skills learned from this project such as researching, interpreting data, and finding conclusions are going to be used in all areas of the profession.